







Media Guide

WHAT: nib Coolangatta Gold WHEN: Sunday October 19 WHERE: Surfers Paradise, Gold Coast

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SMARTER MERCER CHASING GOLDEN GRAIL

Veteran Ironman **Dean Mercer** admitted he would "find an excuse to keep coming back" even if he does win Sunday's **nib Coolangatta Gold**.

Mercer, 38 the elder statesman of Australian Ironman racing will line up in his fifth GOLD ASSAULT hoping to keep a host of youngsters at bay.

The man who has finished third in 1992 and 2006 was on hand at Surfers Paradise beach today putting the finishing touches to what he believes has been "his smartest preparation."

Mercer admitted that the older you get the smarter you get when it comes to preparing for the 46 kilometre return journey from Surfers to Greenmount.

Mercer said: "I'd like to think that was the case and having done this race so many times in the past my training I believe has been a lot smarter this time around.

"I feel great, I'm as ready as I have ever been in the past and I'm as enthusiastic about competing in this iconic event as I was back in 1992.

"Even if I did manage to win the event this year I'm sure I would find an excuse to keep coming back, I love it that much.

"It is the ultimate Ironman test and I believe that is the appeal to everyone that enters the race and everyone who follows the sport."

Record fields will meet the starter's gun from 7am on Sunday morning with the elite men until 7.55am for elite women who will contest a 30 kilometre round trip from Surfers to Currumbin.

Surf Life Saving Australia officials are delighted with the record entries which will see 190 individual competitors and 58 teams contest this eighth running of the iconic event first contested back in 1984.

While Mercer is primed for another gruelling day in the office he will have to contend with a host of young blood led by 2005 champion **Caine Eckstein** 2006 runner up **Nathan Smith** and Gold Coast pair **Hugh Dougherty** and **Luke Nisbet** amongst others.

The women's field will be lead by two time winner **Hayley Bateup** who will be chasing her own slice of nib Coolangatta Gold history as the first person to win three titles.

Bateup, at 28, will have to contend with another former Australian Ironwoman champion in **Kirsty Holmes** who will line up for the race for the first time as well as the likes of Northcliffe's **Courtney Hancock** and Burleigh Head's pair of **Alyce Bennett** and **Tahlia Ferguson**.

The individual winners are expected to reach Surfers Paradise between 11 and 11.30am but if the southerly conditions prevailing on the coast today continue for Sunday then the fields will have a tough opening ski leg but a more comfortable journey back to the finish line.

Organisers have constructed the finishing arch close to the Surfers Paradise promenade which is sure to attract a huge crowd to welcome the winner's home.

nib COOLANGATTA GOLD

RACE DAY

LIVE RESULTS WEBSITE

• The results can be followed this year from start to finish on the official live results website which can be found at http://www.cgg.racetectiming.com/default.aspx

MEDIA ACCREDITATION PICK UP

- The media accreditation will be available to be picked up from the media centre which is situated on the 1st floor of Surfers Paradise SLSC from 6am on race morning.
- There will be a media briefing at 6.30am to 6.40am in the media centre. All accredited media are required to attend.
- All media will be required to wear accreditation at all times on the beaches while working on the event.
- Media Centre contact Kim Hamilton 0438443406

MEDIA CENTRE

 Will be situated 1st floor Surfers Paradise SLSC. There will be access to data sending facilities which will be manned by HMG staff.

MEDIA VEHICLES

There are two SLSA media vehicles for the accredited media only, for transport between the race transition
points. Two main vehicles will leave from Surfers Paradise after the start of the Open Men's race at
approximately 7:45am. There will be a third vehicle following the Open Women's race leaving at
approximately 8:30am with restricted seats available. There is no media parking at any of the transition
points, except for the two designated SLSA media vehicles.

RADIO INTERVIEWS

- For any radio updates throughout the races or wraps, or at the end of competition, please contact the following HSM staff:
- Open Men Ian Hanson 0407385160
- Open Women David Moase 0417200090

TV NEWS FEED

Sunday Oct 19

 Vision and interviews will be gatewayed via Channel 7 Brisbane at 3.30pm Queensland time (4.30pm Sydney time).- shot list to follow

NIB Coolangatta Gold

WHEN: October 19, 2008

WHERE: Surfers Paradise, Gold Coast

START TIMES:

7:00am Open Men's Race Start
7:05am Masters Men Race Start
7:20am Teams Race Start
7:55am Open Women Race Start
7:55am Masters Women Race Start
8:15am U19 Men Race Start

8:30am Junior endurance Ironperson Briefing

TELECAST DETIALS: Channel Seven, 2 November, 12noon – 2.00pm (check local guides for more details)

PARKING AND TRAFFIC INFORMATION

Directions: The start of all categories (open men, open women, masters under 19 and team events) is opposite the beach volley ball courts at Surfers Paradise Beach...

Road Closures: There are no road closures as the competition is conducted on the beach or in the ocean. Around the main transition point we do expect congestion and in Surfers Paradise as the road changes for Indy would be well under way.

Car Parking: The car parks at all surf clubs are restricted. Spectators will need to adhere to normal parking conditions in and around those precincts.

BEST VANTAGE POINT FOR VIEWING RACES

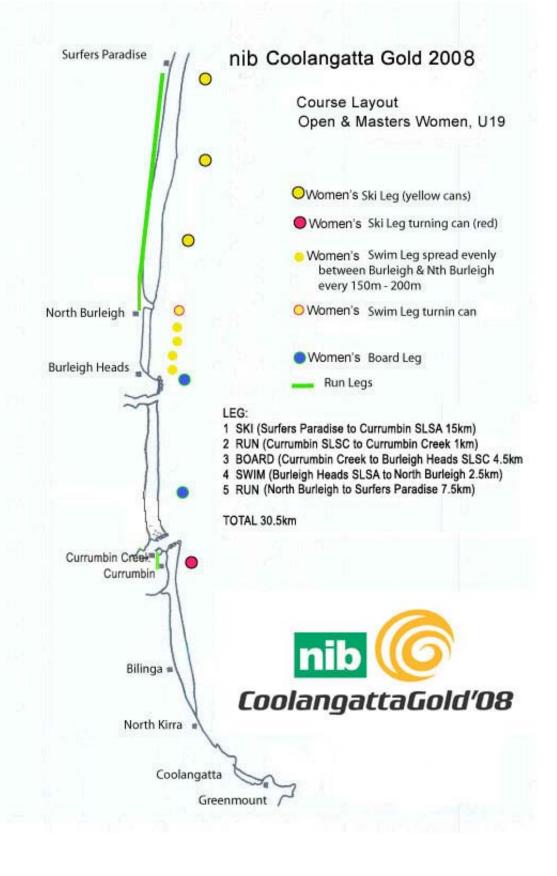
Surfers Paradise: Start and finish of all categories (open men and women, under 19 masters men and women and teams). This is the main area and will also feature family activities and great vantage spots for the finish.

Greenmount: Finish of the open men, masters men and teams ski leg – the Greenmount Point walkway will be a perfect area to watch the transitions.

Currumbin: Finish of the open men, masters and teams run leg and the open women, masters women and under 19 ski leg (south of surf club) and the start of the open men's, masters men and teams board legs (north of the surf club) and the start of the open women, masters women and under 19 run to Currumbin Alley.

Burleigh Heads: Finish of the open men, masters and teams board (100m north of the surf club) and the start of the final run leg with the finish of the open women, masters women and under 19 board leg and the start of the swim to Nth Burleigh.

North Burleigh: Finish of the open women, masters women and under 19 swim (north of the surf club) and start final run leg.





FAST FACTS....

2008 nib COOLANAGATTA GOLD FAST FACTS

- 1. Dean Mercer (Mooloolaba) and Luke Nisbet (Northcliffe) are the only two competitors in the open men's field who finished in the top ten last year.
- 2. Hayley Bateup (Kurrawa) will be attempting to become the first person in Coolangatta Gold history to win three crowns as she currently owns two titles in 2005 and 2006 equal with Guy Leech (84,85).
- 3. Women's veteran Kirsty Holmes (Kawana Waters) at 35 and Dean Mercer (Mooloolaba) at 38 are the oldest two open competitors in 2008.
- 4. 2008 will be the first time Caine Eckstein (Tugun) and Nathan Smith (Cronulla) have faced each other in the nib Coolangatta Gold after Caine won in 2005 and Nathan finished second in 2006.
- 5. In the open category 59 men and 34 women will take to the starting line for the 2008 race.
- 6. A record 190 individual competitor entries were received including open, under 19 and masters.
- 7. A record 58 teams will contest the nib Coolangatta Gold in 2008.
- 8. The last New South Wales competitor to win a Coolangatta Gold was Darren Mercer (Thirroul) back in 1992.
- 9. The winner of the men's event will receive \$20,000 and the women's event \$10,000, plus the use of a Jeep vehicle for 12 months.
- 10. The oldest individual competitor is Allan Coates from Noosa in QLD who is 64 years old, competing in the Masters 40+ years. Alan has competed each year since 2005 when the event was resurrected.
- 11. The youngest individual competitor is 16-year-old Nicholas Anderson of Mooloolaba who will contest the U19 category, coached by Michael King winner in 1991.
- 12.2008 is the second year that the nib Coolangatta Gold is open to non Surf Life Saving competitors.
- 13. Gold Coast club Northcliffe have the most individual entries with 17 only just in front of Sunshine Coast club Mooloolaba with 16.
- 14. The state breakup for individual competitors starts with Queensland 89, New South Wales 53, Western Australia 24, Tasmania 9, Victoria 6, South Australia 5, South Africa 2, New Zealand 1 and United States 1.

nib Coolangatta Gold Honour Roll

OPEN MALE

1984

- 1. Guy Leech (Manly)
- 2. Lawrence Reece (Southport)
- 3. Craig Riddington (Manly)

1985 January 5

- 1. Guy Leech (Manly)
- 2. Stephen McBean (Point Lonsdale)
- 3. Gray Parkes (Nth Cronulla)

1991 October 12

- 1. Michael King (Mooloolaba)
- 2. Darren Mercer (Thirroul)
- 3. David Kissane (Manly)

1992

- 1. Darren Mercer (Thirroul)
- 2. Michael King (Mooloolaba)
- 3. Dean Mercer (Thirroul)

2005

- 1. Caine Eckstein (Northcliffe) 4.20.14
- 2. Jeremy Cotter (Northcliffe) 4.21.52
- 3. Shannon Eckstein (Northcliffe) 4.22.59

2006

- 1. Zane Holmes (Northcliffe) 4.25.01
- 2. Nathan Smith (Cronulla) 4.27.23
- 3. Dean Mercer (Mooloolaba) 4.27.43

2007

- 1. Rhys Drury (Mooloolaba) 4:10:58
- 2. Shannon Eckstein (Northcliffe) 4:14:01
- 3. Drew Cairncross (Bulli) 4:16:30

OPEN FEMALE

2005

- 1. Hayley Bateup (Northcliffe) 2.25.45
- 2. Alicia Marriott (City of Perth) 2.27.16
- 3. Elizabeth Pluimers (Northcliffe) 2.28.50

2006

- 1. Hayley Bateup (Northcliffe) 3.17.13
- 2. Kristy Harris (Northcliffe) 3.17.59
- 3. Elizabeth Pluimers (Northcliffe) 3.24.55

2007

- 1. Alicia Marriott (City of Perth) 3.22.33 2
- 2. Elizabeth Pluimers (Northcliffe) 3.23.22
- 3. Hayley Bateup (Kurrawa) 3.23.43

MASTERS

2005

30-39

- 1. David Strahan (Torquay) 4:49:20
- 2. Shane Edmonds (Anglesea) 5:00:03
- 3. Steven Coulter (Manly) 5:07:40

40+

- 1. Jeff Le Marnsey (Mooloolaba) 5:06:41
- 2. Scott Wood (Manly) 5:17:12
- 3. Dale Laverty (Dixon Park) 5:29:36

2006

30-39

- 1. Paul Lemmon (Terrigal) 5:15.00
- 2. Darren Naylor (Alexandra Headland) 5:28.20
- 3. Michael Locke (Fairy Meadow) 5:34.00

40+

- 1. John Anderson (North Bondi) 5:24.42
- 2. Scott Wood (Manly) 5:30.20
- 3. Colin Braund (North Burleigh) 5:37.41

2007

30-39

- 1. Benjamin Hewitt (Claremont) 04:51:09
- 2. Mark Stewart (City of Perth) 05:04:03
- 3. Jason Foye (North Wollongong) 05:10:22

40+

- 1. Gavin Hill (Northcliffe) 04:57:20
- 2. Matthew Braban (Hervey Bay) 04:57:49
- 3. Ian Rowling (Gold Coast) 04:59:41

U 19

2005

- 1. Jack Hansen (Torquay) 4:47.19
- 2. Tom Trembath (North Burleigh) 4:52.01
- 3. Chad Alston (Brighton) 4:59.55

2006 - Not held

2007

- 1. Jacob Lollback (Yamba) 3.12.49
- 2. Cameron Gordon (Northcliffe) 3.18.04
- 3. John-Patrick McCarthy (Bronte) 3.19.33

TEAMS

2005

Mixed

- 1. Manly 4.14.13
- 2. Redhead Comutel 4.14.51
- 3. Surfers Mayfair 4.21.48

2006

Female

- 1. North Burleigh 5:07.39
- 2. Queenscliff 5:19.49
- 3. Currumbin 5:24.50

Mixed

- 1. North Burleigh-Tugun 4.09.57hrs
- 2. Manly 4.24.11hrs
- 3. BHMP 4.30.58hrs

2007

Female

- 1. Sunshine Coasters 04:52:04
- 2. North Burleigh A 04:54:28
- 3. North Burleigh B 04:55:56

Mixed

- 1. Burleigh Heads 04:05:05
- 2. Freshwater SLSC 04:08:00
- 3. Cronulla 04:13:59

PRIZE MONEY & 1ST PLACE PRIZES

Open Male and Female winners also walk away with the use of a Jeep for 12 months and a Citizen watch.

Fastest times for each leg will receive prizes thanks to the following sponsors Swim leg - Telstra Ski leg - East Coast Car Rentals Board leg - Carpet Call Run leg - Merrell

	Open Men	Open Women
1st	\$20,000	\$10,000
2nd	\$7,000	\$3,500
3rd	\$4,250	\$2,250
4th	\$3,000	\$1,250
5th	\$2,000	\$1,000
6th	\$1,000	\$900
7th	\$900	\$800
8th	\$800	\$700
9th	\$700	\$600
10th	\$600	\$500
11th	\$500	\$400
12th	\$400	\$350
13th	\$350	\$300
14th	\$300	\$250
15th	\$200	\$200
	\$42,000	\$23,000

Beach Activities

Head down to the nib Coolangatta Gold at Surfers Paradise on Sunday 19 October for plenty of sporting action, family fun and much more.

Some of the activities happening on the day include:

FREE three minute massages to the public thanks to **nib Health Fund**. Head to the **nib** tent near the finishing arch at Surfers Paradise for your free massage as well as complimentary sunscreen, free give-aways and your chance to find out how nib can help you!

Have your moment at the nib Coolangatta Gold captured thanks to partners **Telstra** who will be onsite ready to take your photos to send through to your mobile as well as pick up a hard copy from the **Telstra** marquee. Head to the Telstra marquee to view what is happening along the coast on the coast watch website via mobiles and laptops as well as find out more about the latest Next G network and technology.

Winners of the 2008 nib Coolangatta Gold will walk away with cash prizes and the use of a **Jeep** vehicle for 12months. Head to finish line at Surfers Paradise to check out the Jeep vehicles and see what it's like to sit behind the wheel yourself, as well as pick up some Jeep give-aways.

There will be plenty of family fun at the 2008 nib Coolangatta Gold including face painting, colouring competition, tug of war, beach games and much more from 10.00am. Bring the kids down for a fun day at the beach and be on the finish line to see who will be crowned nib Coolangatta Gold Champions for 2008.

STATE AND AREA BREAKUP INDIVIDUAL ENTRIES 2008 nib COOLANGATTA GOLD

Individual Entries by Club: Northcliffe (QLD) 18, Mooloolaba (QLD) 17, Warilla Barrack Point (NSW) & Trigg Island (WA) 7, Burleigh Heads Mowbray Park (QLD), Kurrawa (QLD), Sunshine Beach (QLD) and Sorrento (WA) 6.

North Queensland - 8

Under 19 Male	Christopher Blanchard	Emu Park
Open Male	Wayne Boatwright	Emu Park
Open Male	Jordan Moore	Arcadian
Open Male	Jody Pehrson	Arcadian
Open Female	Crystal Maruna	Arcadian
Masters 30-39 Male	Michael Sawtell	Emu Park
Masters 40+ Male	Gordon Collison	Picnic Bay
Masters 40+ Male	Peter Hynes	Mackay

Sunshine Coast - 34

Sunshine Coast - 34		
Under 19 Male	Nicholas Anderson	Mooloolaba
Under 19 Male	Ben Hepburn	Mooloolaba
Under 19 Male	Alex Tibbits	Mooloolaba
Open Male	Benjamin Allen	Maroochydore
Open Male	Jack Hansen	Mooloolaba
Open Male	Michael Harrold	Sunshine Beach
Open Male	Matthias Krause	Maroochydore
Open Male	Dean Mercer	Mooloolaba
Open Male	Tristan Muir	Kawana Waters
Open Male	Tim Peach	Mooloolaba
Open Male	Matt Poole	Mooloolaba
Open Male	Steve Pullen	Sunshine Beach
Open Female	Keira Bowness	Sunshine Beach
Open Female	Sarah Colby	Mooloolaba
Open Female	Kirsty Holmes	Kawana Waters
Open Female	Samantha Johnston	Mooloolaba
Open Female	Alexis Mitchell	Mooloolaba
Open Female	Gemma Newbiggin	Mooloolaba
Masters 30+ Female	Nadine Derriman	Mooloolaba
Masters 30+ Female	Jennifer Hales	Noosa Heads
Masters 30+ Female	Georgina Lynch	Noosa Heads
Masters 30+ Female	Maxine Mitchell	Alexandra Headlands
Masters 30-39 Male	Sam Charlton	Sunshine Beach
Masters 30-39 Male	Gregory Stratford	Dicky Beach
Masters 40+ Male	Scott Braby	Sunshine Beach
Masters 40+ Male	Alan Coates	Noosa Heads
Masters 40+ Male	Robert Harney	Sunshine Beach
Masters 40+ Male	Dean Hopkins	Mooloolaba
Masters 40+ Male	Antony Jennings	Mooloolaba
Masters 40+ Male	Jeff Lemarseny	Mooloolaba
Masters 40+ Male	John McCubbery	Mooloolaba

Brisbane - 1

Masters 40+ Male

Masters 40+ Male

Masters 30-39 Male Andrew Johnston NA Brisbane

Graeme Orr

Craig Vipond

Noosa Heads

Mooloolaba

Gold Coast - 48

Under 19 Male Max Beattie Northcliffe
Under 19 Male Dev Lahey Northcliffe
Under 19 Male Aaron Murphy Northcliffe
Open Male Geoff Benjamin NA Burleigh

Open Male Hugh Dougherty Burleigh Heads Mowbray park

Open MaleCaine EcksteinTugunOpen MaleCameron GordonNorthcliffeOpen MaleCory HillNorthcliffeOpen MaleDaniel JanesKurrawaOpen MaleMichael JanesKurrawa

Open Male Nick Marshall Burleigh Heads Mowbray Park

Open Male David Monaghan Tugun **Daniel Moodie** Northcliffe Open Male Open Male Daniel Nelson Northcliffe Open Male Luke Nisbet Northcliffe Open Male Sean Noone Northcliffe Open Male Hayden Smith North Burleigh Open Male Adam Yates Northcliffe

Open Female Kristen Askew Burleigh Heads Mowbray Park

Open Female Hayley Bateup Kurrawa

Open Female Alyce Bennett Burleigh Heads Mowbray Park

Open Female Madison Boon Kurrawa

Open Female Tahlia Ferguson Burleigh Heads Mowbray Park

Open Female Courtney Hancock Northcliffe Open Female Tenille Kenny Tallebudgera Open Female Casey Lio-Litzow Northcliffe Open Female Flora Manciet Northcliffe Open Female Tiarne Smith Northcliffe Open Female Kristyl Smith Northcliffe Open Female Allie Towgood North Burleigh Open Female Jessica Walker Northcliffe Masters 30+ Female Kathleen Roberts Kurrawa Masters 30-39 Male Craig Halliwell Currumbin Masters 30-39 Male Alan Hogg Elanora NA Masters 30-39 Male Mark Kennedy **Nobbys Beach** Surfers Paradise Masters 30-39 Male Liam Drake

Masters 30-39 Male Carl Greenhalgh Southport
Masters 30-39 Male Stuart Hogben Coolangatta

Masters 30-39 Male Christopher Walker Burleigh Heads Mowbray Park

Masters 40+ Male Michael Wade Palm Beach Masters 40+ Male Kim Curtis North Burleigh Masters 40+ Male Michael Dalv North Burleigh Masters 40+ Male Mark Goodman Southport Masters 40+ Male Gavin Hill Northcliffe Coolangatta Masters 40+ Male Harry Klouzal Masters 40+ Male Wayne Marshall Mermaid Beach Masters 40+ Male Craig Plunkett North Burleigh Masters 40+ Male Mark Taylor Northcliffe

Tweed / North Coast - 6

Under 19 Male Dane Rickwood Tacking Point
Open Male Josh Minogue Cudgen Headland

Open Female Nadi Canning Lennox Head Alstonville
Masters 30-39 Male Luke Catt NA Murwillumbah
Masters 30-39 Male Chris Carter Cudgen Headland
Masters 40+ Male Russell Zahn Cudgen Headland

Newcastle - 5

Open Male Josh Blair Swansea Belmont Open Male Kyle Garrett Redhead

Open Male Brendon Ross Redhead

Open Male Ethan Whiteman Swansea Belmont Masters 40+ Male Bryan Searle Swansea Belmont

Central Coast - 2

Open Female Erin Braund Avoca
Open Female Jessica Parr Terrigal

Sydney North - 6

Under 19 Male Kendrick Louis Collaroy
Open Female Ashley Kiernan Newport

Masters 30-39 Male David Chidgey Narrabeen Beach Masters 30-39 Male Doug Lucas Long Reef

Masters 30-39 Male Peter Wells Narrabeen Beach

Masters 40+ Male Kevin Flood Newport

Sydney - 20

Under 19 Male Tom O'Keeffe Elouera Open Male Ben Bolewski Wanda Open Male Joel Bolewski Wanda Open Male Dean Buttel Wanda Open Male Michael Fox Wanda Open Male **Brent McKinnon** Elouera Open Male Cameron Pyett Cronulla Open Male Matthew Read Wanda Open Male Mark Simpson Cronulla Open Male Nathan Smith Cronulla Open Female Candice Falzon North Bondi Masters 30-39 Male Shane Whittaker North Cronulla Masters 40+ Male Troy Eady Cronulla

Masters 40+ Male **Bryan Matthes** North Cronulla Paul Moses North Cronulla Masters 40+ Male Masters 40+ Male Stuart Palmer Elouera Masters 40+ Male Dean Parry Elouera Masters 40+ Male Brent Pritchard Elouera Masters 40+ Male Michael Ryan Wanda

Masters 40+ Male Gavin Thompson North Cronulla

Wollongong - 12

Under 19 Male
Hayden White
Warilla Barrack Point

Open Male Ben Squiers Wollongong City

Open Female Open Female Masters 30+ Female Masters 30-39 Male Masters 30-39 Male	Kate Morphett Elyse Yardley Penny Locke Shane Dowel Jason Foye	Bulli North Wollongong Bulli Warilla Barrack Point North Wollongong Warilla Barrack Point
Masters 30-39 Male	Adam Pearson	Warilla Barrack Point

South Coast - 1

Masters 30+ Female Lenell Hollywood Mollymook

Victoria - 6

Open Male Warrnambool Steve Kerr Hayden Tierney Point Leo Open Male Open Female Annie McKenna Jan Juc Lorne Masters 30+ Female Sonia Grundy Masters 30-39 Male Ben Marshall Point Leo Masters 40+ Male Mark Slykhuis Half Moon Bay

Tasmania - 9

Under 19 Male Nathan Cross Burnie Jared Wiseman Open Male Devonport Open Male Adam Wiseman Devonport Open Female Brylee Dodd Devonport Open Female Bec Thomson Devonport Masters 30-39 Male Luke O'Garev Burnie Masters 40+ Male Dr John Saul NA

Masters 40+ Male Don Marsh Carlton Park
Masters 40+ Male Craig Sly Clifton Beach

South Australia - 5

Open Male Jake Biddle Grange
Open Male James Cordner Brighton
Open Male Luke Jones Brighton
Masters 40+ Male Wayne Jones Brighton
Masters 40+ Male Stephen Perry West Beach

Western Australia - 23

Under 19 Male Tom Dowling City of Perth David Graham Trigg Island Under 19 Male Under 19 Male Andrew Grimshaw Trigg Island Open Male Matt Bowbridge Trigg Island Open Male Tony Bowman Mandurah Open Male Andrew Mosel Cottesloe Brendon Sarson Open Male Cottesloe Open Female Jessica Barclay Sorrento Open Female Kylie Broad Sorrento Open Female Rachel Duczynski Sorento Open Female Jessica Watson Sorento Masters 30+ Female Dr Ruth Highman Scarboro Masters 30+ Female Cas Whiting Trigg Island Masters 30-39 Male Dr Dale Allen NA Perth Masters 30-39 Male Dr Benjamin Hewitt City of Perth

Scott Wyeth	Scarboro
Robert Doherty	Sorrento
Brian Campbell	Trigg Island
Ken Dobson	Trigg Island
Peter Farmer	Sorento
Greg Mickle	City of Perth
Mark Stewart	City of Perth
Bill Whalley	Trigg Island
	Robert Doherty Brian Campbell Ken Dobson Peter Farmer Greg Mickle Mark Stewart

International - 3

Open Male Shaun Dias Durban South Africa Open Male Masters 30-39 Male Micah Carlson **United States** Kurrawa

Duncan Bloubergstrand Capetown, South Africa NA

INDIVIDUAL START LISTS

	_	
Open Fem		L. Oh.
Number	First Name	Last Name
1	Hayley	Bateup
2	Alyce	Bennett
3	Gemma	Newbiggin
4	Tahlia	Ferguson
5	Courtney	Hancock
6 7	Candice	Falzon
· -	Kirsty	Holmes
8	Flora	Manciet
9	Kristyl	Smith
10	Kylie	Broad
11	Kristen	Askew
12	Bec	Thomson
13	Jessica	Watkins
14	Tenille	Kenny
15	Brylee	Dodd
16	Keira	Bowness
17	Jessica	Barclay
18	Rachel	Duczynski
19	Sarah	Colby
20	Nadi	Canning
21	Annie	McKenna
22	Arna	Tabor
23	Elyse	Yardley
24	Jessica	Walker
25	Madison	Boon
26	Casey	Leo-Litzow
27	Jessica	Parr
28	Tiarne	Smith
29	Alexis	Mitchell
30	Crystal	Maruna
31	Samantha	Johnston
32	Erin	Braund
33	Ashley	Kiernan
34	Kate	Morphett
35	Ally	Towgood

Owen Meles			
Open Male			
Numbers	First Name	Last Name	
1	Dean	Mercer	
2	Luke	Nisbet	
3	Hayden	Smith	
4	Caine	Eckstein	
5	Brendon	Sarson	
6	Andrew —.	Mosel	
7	Tim	Peach	
8	Matt	Poole	
9	Cory	Hill	
10	Nick	Marshall	
11	Ben	Squires	
12	Jared	Wiseman	
13	Josh	Blair	
14	Steve	Pullen	
15	Kyle	Garrett	
16	Jack	Hansen	
17	Mark	Simpson	
18	Nathan	Smith	
19	Hugh	Dougherty	
20	Benjamin	Allen	
21	Daniel	Moodie	
22	Shaun	Dias	
23	Haydn	Tierney	
24	David	Monaghan	
25	Steve	Kerr	
26	Matthew	Read	
27	Ethan	Whiteman	
28	Michael	Janes	
29	Michael	Harrold	
30	Wayne	Boatwright	
31	Dean	Buttel	
32	Jake	Biddle	
33	Luke	Jones	
34	Joel	Bolewski	
35	Cameron	Gordon	
36	Adam	Yates	
37	Brent	McKinnon	
38	Tony	Bowman	
39	Daniel	Nelson	
40	James	Cordner	
41	Sean	Noone	
42	Ben	Bolewski	
43	Micah	Carlson	
44 45	Cameron	Pyett	
45 46	Geoff	Benjamin	
46 47	Jordan Matthias	Moore	
47	Matthias	Krause	
48 40	Blair	Day	
49 50	Matt	Bowbridge	
50	Michael	Fox	

51	Josh	Minogue
52	Tristan	Muir
53	Brendon	Ross
54	Adam	Wiseman
55	Daniel	Janes
56	Aaron	Helmer

	Masters 30+ Females			
Numbers	First Name	Last Name		
201	Nadine	Derriman		
202	Penny	Locke		
203	Lenell	Hollywood		
204	Sonia	Grundy		
205	Jennifer	Hales		
206	Melinda	Pelly		
207	Cas	Whiting		
208	Georgina	Lynch		
209	Ruth	Highman		
210	Maxine	Mitchell		
211	Kathleen	Roberts		

Wasters 4	0+ Male	
Numbers	First Name	Last Name
401	John	Saul
402	Alan	Coates
403	Bryan	Matthes
404	Dean	Parry
405	Bryan	Searle
406	Gavin	Hill
407	Don	Marsh
408	Paul	Moses
409	Scott	Braby
410	Michael	Waide
411	Dean	Hopkins
412	Brent	Pritchard
413	Mark	Taylor
414	Robert	Doherty
415	Peter	Hynes
416	Troy	Eady
417	Gordon	Collison
418	Mark	Goodman
419	Wayne	Jones
420	Mark	Slykhuis
421	William (Bill)	Whalley
422	Gavin	Thompson
423	Harry	Klouzal
424	Peter	Farmer
425	Kim	Curtis
426	Michael	Daly
427	Robert	Harney
428	John	McCubbery
429	Stuart	Palmer
430	Craig	Plunkett
431	Brian	Campbell

432 433 434	Jeff Michael Russell	Lemarseny Ryan Zahn
435	Mark	Stewart
436	Graeme	Orr
437	Greg	Mickle
438	Antony	Jennings
439	Kevin	Flood
440	Stephen	Perry
441	Craig	Sly
442	Craig	Vipond

Masters 30	0 - 39 yrs Male	
Numbers	First Name	Last Name
301	Benjamin	Hewitt
302	Jason	Foye
303	Shane	Whittaker
304	Craig	Halliwell
305	Sam	Charlton
306	Liam	Drake
307	Michael	Sawtell
308	Dale	Allen
309	Doug	Lucas
310	Chris	Carter
311	Shane	Dowel
312	Carl	Greenhalgh
313	Mark	Kennedy
314	Alan	Hogg
315	Scott	Wyeth
316	Luke	O'Garey
317	Stuart	Hogben
318	David	Chidgey
319	Jody	Pehrson
320	Christopher	Walker
321	Luke	Catt
322	Mark	Duncan
323	Gregory	Stratford
324	Ben	Marshall
325	Adam	Pearson
326	Peter	Wells

Under 19 Males			
Numbers	First Name	Last Name	
1	Dane	Rickwood	
2	Christopher	Blanchard	
3	Tom	Dowling	
4	Andrew	Grimshaw	
5	Hayden	White	
6	Alex	Tibbits	
7	Ben	Hepburn	
8	Nicholas	Anderson	
9	Joshua	Crouch	
10	Dev	Lahey	
11	Tom	O'Keeffe	

12	Alastair	Day
13	Max	Beattie
14	Aaron	Murphy
15	Kendrick	Louis
16	Nathan	Cross
17	David	Graham
18	Robert	Tener

Mixed Tear	Mixed Teams				
Team	Ski Leg:	Swim Leg:	Board Leg:	Run Leg:	
501	Dave Tudor Jones	Robyn Vujicic	Sean Townsend	Brett Greenwood	
502	Joe Fahey	Jacob Lollback	Joe Dougherty	Mark Odea	
503	James Stewart	Ryan Lysaught	Tom Trembath	Daniel Carruthers	
504	Paul Buttel	Steven Truman	Adam Buttel	Ross Dummett	
505	Matthew Gittoes	Lauren Mckie	Shane Armstrong	Gregg Armstrong	
506	Daniel Kelton	Ilya Anisimoff	Daniel Kelton	Ilya Anisimoff	
507	Todd Grace	Stuart Louth	Kevin Gillard	Rebecca	
				Campbell	
508	Dane Wilkenson	Nathan Henderson	Sam Gill	Marc Obrien	
509	Letitia Pitkin	Jane Solomon	Tilleea Hoskins	Simon Ayres	
510	David Hoare	David McLean	Matt Lynch	Brian Patten	
511	Damien Grant	Di Wallace-Ward	John Ward	Abbey Dunn	
512	Shannon Porche	Stephen Mewing	Jarrod Blackburn	Chriss Forrest	
513	Peter Brewer	Daniel Moore	Daniel Moore	Kristina Moore	
514	P Schloeffel	G Robinson	R Hobson	D Boyten	
515	Tim Jacobs	Jake Nolan	Grant Coates	Dean Deagan	
516	James Ridley	Sam Hunt	Ryan Bertwistle	Alyse Abood	
517	Stephen	Mat Rigney	Ryan Rigney	Josh Alexander	
	Alexander				
518	Rohan Small	Rohan Small	Jarrad Cain	Jarrad Cain	
519	Robert Doherty	Robert Doherty	Philip Seaton	Philip Seaton	
520	Josh Blackburra	Michael Driver	Jordan Cuff	Elliot Denton	
521	Nic Kirby	Bill Maish	Cameron Cole	Curtis Lindsay	
522	Peter Lever	Kai Cooper	Bryce Munro	Wesley Dose	
523	Andrew Paul	Sam Hoffmann	Sam Hoffmann	Andrew Paul	
524	Zac Franich	Cameron Smith	Nick Malcolm	Clayton McLeod	
525	Derek Porche	Ryan Knight	Ben Dudley	James Allen	
526	Mitchell Young	Geoffery Boning	Michael Saal	Shaun Obrein	
527	Simon Thompson	Jake Nicholson	Jason Matte	Amin Chehade	
528	Peter Hatfeild	Micheal Crawford	Phil Hagon	Geoff Crittle	
529	Ian Gray	Matt Mallone	Tim Kirkby	Ben Kirkby	
530	Ashley Martin	Denice Holmes	Denice Holmes	Ashley Martin	
531	John Giffney	Lionel Fargher	Steve Hudson	Simon Earthrowl	
532	David Myatt	Derry magaffin	russall cooper	Keith neville	
533	Trent Robinson	Mitchell Miller	Jackson Doolan	Murray Stacey	
534	Reece Bosward	Mitchell Trim	Bart Louis	Charles Domin	
535	John Newton	John Bonning	Sean Landon	Renee Olive	
536	Jeffrey OConnor	Adam Douglas	Beau Farrell	William	
				Thompson	
537	hayden quinn	matt weisse	robert cheney	martin quinn	

538	Dwayne Thuys	David Rope	Tony Cannon	Michael Saville
539	Murray Crean	Rick Van Kampen	Tyler Swaney	Rohan
				Scaysbrook
540	Chris Glover	Gilles Chatelin	Johahn Leung	Gilles Chatelin
541	David Croucher	Andrew Mewing	Dean Hamner	Jay Stubbs
542	Travis Grant	Andy Forbes	Dylan Magee	Matt Stanley
543	Nicholas Gale	Jackson maynard	Jayden Jensen	Rory Williams
544	Rod Taylor	Gary Steed	Ross Gorfine	Chris Howley
545	Michael Locke	Matt Crilley	Rhett Russell	Shane Barrie
546	Ramon Pettigrove	Tim Mandeville	Taylor Redwood	Michael Quinn
547	Dane Sloss	Nick Cuthbert	Sam Haamilton	Stephen Madden
548	Richard	Matthew Johnston	Alistair Dixon	Jediah Wayne
	Sweetman			
549	Stuart Sliman	Paul Merson	Paul Merson	Craig Coleman
550	Uchida Naoto	Azuma Sho	Ishikawa Ryo	Asami Hiroki

Female Teams				
Team	Ski Leg:	Swim Leg:	Board Leg:	Run Leg:
601	Kim Lowe	Alisha Miller	Rachel Crerar	Brooke Miller
602	Rachel Clarke	Anamaria Clarke	Georgia Butt	Laura Leeson
603	Camilla Murphy	Sybilla Goode	Lisa Webber	Amy Ryan
604	brea bailey	kirsty bowlay	biance lee	paige cooper
605	kate mcgrath	cara mura	hannah minogue	meg helson
606	Anja Jennings	Kate Lister	Ellie Meuwissen	Naomia Donlen
607	Sophie Morgan	Kirsty Smith	Becci Gardiner	Siobhan
				McCarthy
608	Shinade Ginny	Jade Ashly	Shinade Ginny	Jade Ashly
	Whitehead	Whitehead	Whitehead	Whitehead

WOMEN

1. Hayley Bateup

Age: 28

Club: Kurrawa, QLD

Best Gold Result: 1st 2005, 2006

Career: The Gladiator is well and truly back on the beach after an impressive World Championships campaign in Germany in August that saw her grab medals in both the board and ski, after overcoming a broken foot. She had her dream of becoming the first person to win three consecutive crowns shattered last year after a nightmare start in the ski leg and will again start a short priced favourite to claim her third title in four years.

2. Kirsty Holmes

Age: 35

Club: Kawana Waters, QLD

Best Gold Result: Making her debut

Career: The veteran Ironwoman makes a highly anticipated return to the surf after walking away from the sport to pursue new challenges in kayak and dragon boat racing back in 2005. Holmes has over a decade more experience than 95 percent of her rivals and with a renowned ski leg – it looks likely she will set a cracking pace to try and spreadeagle the women's field.

3. Gemma Newbiggin

Age: 21

Club: Mooloolaba, QLD

Best Gold Result: 5th 2007

Career: The quiet achiever continues to go from strength to strength and has thrived under the guidance of Michael King and his stable at Mooloolaba, (King, himself the 1991 winner of the Gold and the man behind Rhys Drury's amazing upset last year). Another of the rising stars who has shown glimpses of her full potential and if she can put it all together on race day, anything is possible.





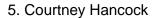
4. Alyce Bennett

Age: 21

Club: Burleigh Heads Mowbray Park

Best Gold Result: 4th 2007

Career: The Yamba turned Gold Coast star has proven that she will be one to watch here after a brilliant fourth placing at last year's Gold with the board specialist thriving under the endurance format. Now well and truly settled on the Coast and studying at Griffith University, Bennett who is an outstanding board paddler, is certainly a name to look out for this summer.



Age: 20

Club: Northcliffe, QLD

Best Result: 10th 2007

Career: The eldest of Sawtell's famous sisters who has taken her performances to even greater heights since her move to Northcliffe. Will have added incentive for the Gold this year with sibling, Bonnie, forced to withdraw from the event after a freak ski accident at training last month. She is certainly one of the strongest swimmers in the field.

MEN

1. Caine Eckstein

Age: 22

Club: Tugun, QLD

Best Gold Result: 1st 2005

Career: Crowned the Coolangatta Gold champion in the iconic event's return to surf lifesaving back in 2005. Took a hiatus from the sport soon after the win but is back, refreshed as the head coach of Tugun and looking to get his season off to a perfect start.





2. Dean Mercer

Age: 37

Club: Mooloolaba, QLD

Best Gold Result: 3rd 1992 / 2006



Career: The 'old dog' of the sea who has won every title imaginable in Ironman racing except the nib Coolangatta Gold. Mercer's results at the distance include third in 1992 and 2006; fifth in 2005 and fourth in 2007. What better year to win it than 20 years to the summer since he won his maiden national Open Ironman crown as a blonde haired teenager from Thirroul back in 1989.



Age: 27

Club: Cronulla, NSW

Best Gold Result: 2nd 2006



Career: The biggest interstate threat who continues to show why he's been the number one Ironman in New South Wales and one of the most consistent in the nation for almost a decade. Produced a brilliant second placing two years ago and returns to the Gold for the first time since then to try and go one better.

4. Luke Nisbet

Age: 23

Club: Northcliffe, QLD

Best Gold Result: 6th 2007



Career: The South African born and bred Gold Coaster has shown glimpses of his potential in recent seasons and could prove a dark horse in this race if he can bring it together on the day. Has officially made the move to the Northcliffe club from Burleigh Heads-Mowbray Park and is the only man in the field other than Dean Mercer to consecutively place in the top ten in the last two years.

5. Hugh Dougherty

Age: 24

Club: Burleigh Heads Mowbray Park, QLD

Best Gold Result: 10th 2005



Career: The Yamba raised surf star had a watershed professional season in 2007, proving that he can match it with the likes of Zane Holmes and Shannon Eckstein and under the continued guidance of captain-coach, Wes Berg at the revamped Burleigh Heads club, an upset isn't out of his reach.